

Our Café Bistro is dedicated to providing good, tasty, fresh food prepared with seasonal ingredients. We cater for many special diets, in particular gluten free, dairy free, and diabetic. We have a “no fuss” policy because we believe that everyone has the right to enjoy food.

## Small bites... All bites £5.95

### Home Made Soup of the Day (gf, df, v)

*Served with our garlic & herb bruschetta (ask for gf, df)*

### Warm Beetroot, Goat's Cheese & Walnut Salad (gf, v)

*Served with mixed leaves*

### Chicken Liver Pâté & Red Onion Marmalade (gf, df)

*Served with Spelt Toast (low in wheat), (ask for gf toast)*

### Mini Mezze (gf, df, v)

*Delicious zucchini muffin, baba ganoush, hummus, mixed olives*

### Sicilian Bruschetta (v)

*Toasted bruschetta with char-grilled courgette slices, diced tomato, chopped black olives & finished with grilled Mozzarella*

## Desserts – All home-made. All £4.95

### The Chocolate Nemesis Torte (gf, v)

*Served with lashing of double cream*

### Triple Scoop of Ice Cream (gf, v)

*With chopped pistachio nuts & butterscotch sauce*

### Caramelised Orange & Madeira Trifle (gf, ask for df, v)

*Using our own sponge cake*

## Larger bites...

### Battered Fish & Chips (gf, df)

£7.95

*With minted mushy peas, chips & home-made tartare sauce*

### Grilled Chicken, Bacon & Fresh Avocado Salad (gf, df)

£7.95

*With fresh mixed leaves & tomato*

### The Alasia Fresh Tuna Salad (gf, df)

£7.95

*Finished with our gorgeous vanilla & balsamic dressing (home-made)*

### Home-Made Fishcakes (gf, df)

£7.95

*We use polenta as a crispy coating. Served with a mixed leaf salad & chips*

### Gourmet Beef Burger (gf & df available)

£7.95

*With your choice of melted Stilton, Brie or English Cheddar. Served with chips, tomato relish, tomato slices & lettuce*

### Our Seasonal Big Salad (gf, v) –

*All that's wonderful & in season, with baked Camembert & Cranberry*

£7.95

### Spiced Corn & Bean Cakes (gf, df, v)

£7.95

*Sandwiched with seasonal ribbon vegetables with a squeeze of lemon, & topped with pumpkin salsa*

### Chilli Con Carne (gf & df)

£8.95

*Spicy beef Chilli made with fresh chilli peppers and served with warmed corn chips, soured cream and fresh bread*

### The Alasia All Day Brunch (gf, df, ask for v)

£4.95

*Egg (scrambled or fried), Gloucester Old Spot sausage, bacon, grilled tomato, mushroom & chipped potatoes*

### Add toast & Butter (gf & df available)

£1.10

### Jacket Potato of the Day – various fillings (gf)

£5.75